

ZSFG Adult Endocrinology Clinic

Electronic Consult (eConsult)

Location: Ward 92

For clinic information, including hours of operation, please visit:

[SFGH Ambulatory Services-Endocrinology Clinic](#)

Specialty Reviewer: Dr. Elizabeth Murphy

Email: emurphy@medsfgh.ucsf.edu

Emergency Consultation Requests:

Please first PAGE the consult fellow directly at 415-443-9535 to discuss the case and, if requested, then SUBMIT an eConsult.

In the Reason for Consultation box, please indicate the person with whom you spoke, and the follow-up guidance and instructions given by the fellow.

In cases where an appointment date and time is provided, please include this information in the Scheduling Considerations box.

Description:

Recommended Pre-Consult Workup:

Appropriate reasons for consultative exchange include, but are not limited to:

Thyroid disorders including:

- Thyroid nodule(s) for evaluation/biopsy (TSH required, ultrasound or nuclear medicine scan NOT REQUIRED)
- Thyroid cancer
- Hyperthyroidism (TSH, FT4 required)
- Hypothyroidism is generally managed by PCPs, however, endocrine guidance is always available via eConsult

Metabolic bone diseases including:

- Calcium/Vitamin D disorders (Basic metabolic panel, Albumin, PO4, PTH, 25-OH Vitamin D required)
- Osteoporosis/Osteopenia (DXA, loss of height, kyphosis or osteopenia on plain films required)
 - Please refer to the DXA guidelines posted [here](#)
 - FRAX score calculator can be accessed [here](#) (do not need to have a DXA scan to calculate)

Adrenal or pituitary disorders including:

- Evaluation and management of incidentally discovered adrenal or pituitary masses
- Suspected endocrine hypertension (e.g. pheochromocytoma, hyperaldosteronism)
- Cushing syndrome/disease, acromegaly, hyperprolactinemia

Gonadal disorders such as amenorrhea or male hypogonadism

- For female patients seeking fertility with normal prolactin and TSH, please refer to gyn

Disorders of water or electrolyte (K+, Na+) balance**Familial, genetic, or autoimmune endocrine disorders****Transgender care:**

- Please refer to the transgender eConsult portal unless the consult is for an issue such as hyperprolactinemia in the setting of hormone therapy.